

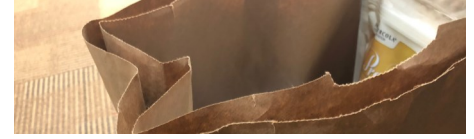
EARN YOUR HIGH SCHOOL COMMUNITY SERVICE HOURS



April 24– May 5, 2019
A community Competition to End Hunger. Form a Canstruction Madison team and build an amazing structure out of canned food. Food is then donated to the MOM Food Pantry. Team sign up in December. Lots of volunteer opportunities too!
CanstructionMadison.org



Organize a Food Drive. Find our **TOP TEN** needed items and food drive tips online. Bring donations to the pantry at 3502 Parmenter St., Middleton during open hours (*Mon thru Thurs from 10am-2pm or Fri/Sat from 9am-noon*).
Donatefood.momhelps.org



Collect paper and plastic bags for our Food Pantry regularly - once a week or once a month. Collect from your neighbors, friends, or family! Then bring your bag donations to the Food Pantry “donations door” during pantry open hours.
Donatefood.momhelps.org



Volunteer in the Madison Area Food Pantry Gardens. The MOM Pantry is a member garden and the Food Pantry receives produce from the gardens. Opportunities are available April-October.
Foodpantrygardens.org



Organize a clothing or bedding drive. MOM is in need of linens (*gently-used & clean/or new*) - towels, twin/dbl/queen sized sheets, blankets, mattress pads, shower curtains, bath mats, baby blankets. More info on clothing donations at
Donateclothing.momhelps.org



Collect back-school clothing and sports equipment and apparel. These items help everyone feel great about being at school. Bring clean or new items to the Clothing Center during open hours. Cleats, swim suits, work out clothing, soccer socks, etc. are always in demand.
Donateclothing.momhelps.org



Help the elderly with yard work. MOM Seniors clients need help with raking and yard clean up in fall and spring. Volunteer for 2 hours in groups of 2-4 volunteers. **Sign-up required at least one week prior.**
Email us at volunteer@momhelps.org and put “HS Service Hours—Leaf Raking” in subject line.



Volunteer at a Special Event in 2-3 hours shifts. Events include FCI Art Show (Oct. 18, 2018), Creating for a Cause Holiday Art Show (Dec. 1-2, 2018), Canstruction Madison (April 24 thru May 5, 2019).
Events.momhelps.org



Plant a garden or a row in your garden for MOM. Donate produce that you grow to the MOM Food Pantry during open hours (*Mon thru Thurs from 10am-2pm or Fri/Sat from 9am-noon*).
Donatefood.momhelps.org

QUESTIONS?

Email us at volunteer@momhelps.org and put “HS Service Hours” in the Subject line. Keep track of your hours and remember to confirm with your High School’s administration office about specific service hour requirements.